

Inside This Issue

- 2 - CARES & COVID-19 Update
- 2 - Flagstaff Summer Series
- 3 - Wise Words: Home Safety
- 3 - Notice: Parking Lots
- 3 - Nearby Parks Amenities
- 4 - STEAM: Physics Crossword
- 4 - Recipes: Fresh Fruit Popsicles
& Easy Black Bean Soup
- 5 - Ready - Set - Go Safety
- 5 - Annual Water Quality Report
- 5 - Check Your Voter Registration!
- 5 - Flagstaff Food Resources

Contact Us

CFHA Maintenance

(928) 213-2731

East Flagstaff Housing

Jayne Wittman, Housing Spec.

Email: jwittman@flagstaffaz.gov

Phone: (928) 213-2735

Fax: (928) 526-3734

Hours: M-F from 8am - 5pm

Flagstaff Housing West

Patricia Sauers, Housing Spec.

Email: psauers@flagstaffaz.gov

Phone: (928) 779-1887

Fax: (928) 779-5801

Hours: M-F from 8am - 5pm
(closed 12pm - 1pm)

Clark Homes

Amanda Thomas, Housing Spec.

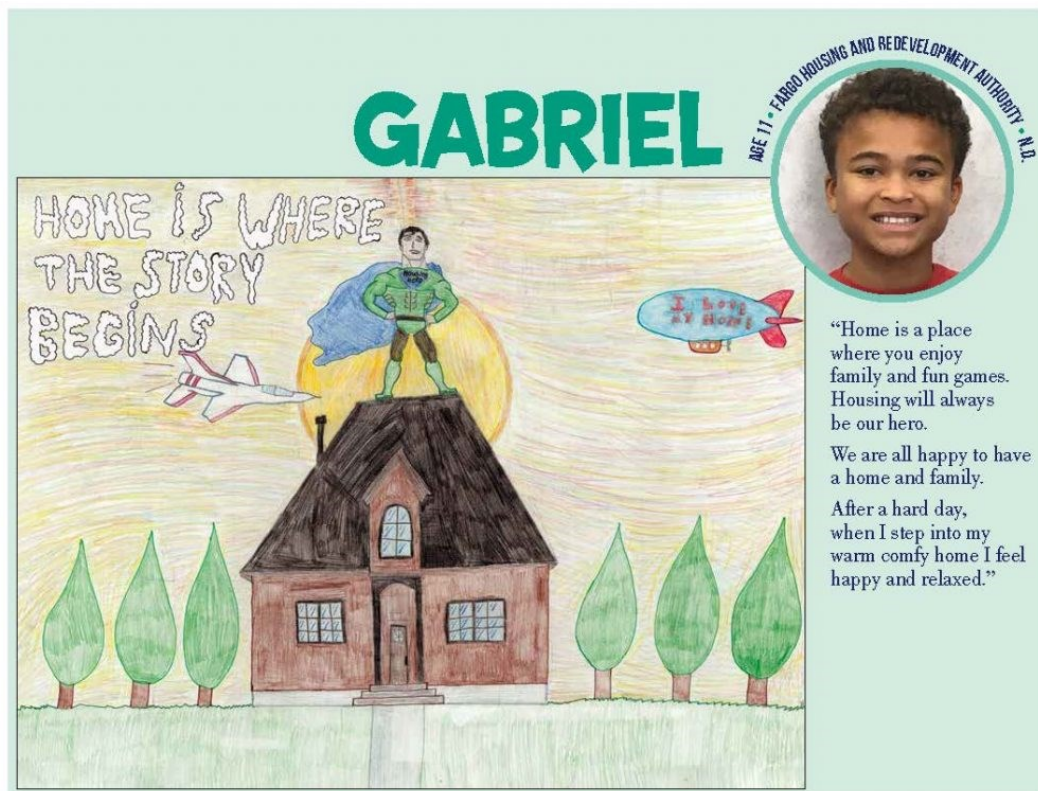
Email: athomas@flagstaffaz.gov

Phone: (928) 779-1247

Fax: (928) 779-2175

Hours: M-Th from 8am - 6pm
(closed 12pm - 1pm)
& Fri 8am - 12pm

General Phone: (928) 213-2730



What Home Means to Me

Congratulations to Gabriel of Fargo Housing and Redevelopment Authority of North Dakota for winning the "What Home Means to Me" competition with AZ-NAHRO!

We are also very thankful to all of our participants for this event. We are looking forward to displaying your posters in the Siler Office halls ahead of our re-opening to the public.

If you have a story of home to share in the newsletter, contact us at housing@flagstaffaz.gov!

Borrowing Yard Tools

If you are in need of yard tools to maintain your yard, you can contact Maintenance at (928) 213-2731. Remember that it is residents' responsibility to maintain yards.

Residents commonly borrow rakes, shovels, and the push lawnmower. The lawnmower can only be checked out by someone 18 years or older. Snow shovels are also available for when the weather turns chilly.

CARES Act & COVID-19 Update

CFHA Information

Front Lobbies of all offices are currently closed. We cannot permit anyone in the office who does not have a scheduled appointment. Staff are still in the office to serve residents. If you need to speak to your specialist or other staff, please call. We are working on a plan that will bring us back to full operation. **Please make sure your name and address are clear on your rent payments and to keep your money order receipts. Housing Authority receipts will be mailed if there is a credit or a balance due.**

Maintenance Work Orders

Please continue to call in all work orders to **213-2731**. However, only Health & Safety Maintenance Work Orders will be completed at this time. These work orders will be completed within 24 hours. When you leave a message for a work order it is entered into our computer system so we have a record. It is not necessary to call more than once. Be sure to include a call back number in your message.

When our Maintenance professionals are in your home, make sure that nobody is in the same room while they are working and windows are open. If they are unsure of conditions in the home they may check with Management for their own safety. All other work orders will be completed once we can ensure that staff and residents will be at minimal health risk.

We are unable to pick up items from the curb. To keep our developments neat, please place bulky items on the curb the day before the bulky item pickup noted on the calendar. For your own safety please do not disturb items left at the curb nor those in dumpsters.

Change Reporting

We will be processing rent reductions with an expedited process to insure that rents remain appropriate and affordable. When reporting your change, please provide sufficient information for your Specialist to be able to determine your income. We are currently waiving face-to-face appointments, but it is very important that you return all documents with proper signatures to the office. When we have received your signed documents we will sign and return copies to you through the mail.

Clark Homes Neighborhood Network and the SHAC are currently closed and activities suspended.

Annual Recertifications

Annual recertifications will be performed by mail. The Flagstaff PD is again running background checks. If you are unable to provide certain verifications (other than income) with your recertification packet please include a note which indicates this. When we receive your packet with sufficient information to determine rent, a Family Worksheet and Lease Addendum will be sent for your signature. Please return the signed paperwork promptly. When received your specialist will sign the paperwork and send you a copy. An office appointment will be required when our lobby has reopened so that you may provide the record check, any missing documentation, and review the results of the recertification.

Community Service

HUD has issued a waiver for Community Service. At this time those previously required to perform community service are not required to do so until their first annual recertification completed after April 1, 2020. Additionally we will not be reviewing community service status for anyone until the first annual recertification completed after April 1, 2020. This waiver expires April 1, 2021.

To protect the health of our Residents and Staff all Annual Inspections for Public Housing are cancelled through the end of 2020 as allowed under PIH Notice 2020-13. Please be sure to report maintenance needs as usual. Special Inspections may still be done if the need arises. Annual Inspections at Clark Homes are postponed until further notice. Please be aware that HUD intends to begin scheduling REAC Inspections. If one of our developments is scheduled for this the inspection must take place.

Lastly, Clark Homes and Public Housing newsletter will be combined for the time being.

Flagstaff Summer Series

Looking for an active group to walk, run, or hike? Be sure to check out the Flagstaff Summer Series at flagstaffsummerseries.com. Most of their six events are in August including a half marathon and trail run, as well as the NACA Sacred Mountain Prayer Run on September 26!

You can also find more at their Facebook page facebook.com/flagstaffsummerseries.



Wise Words from Officer Brown: Safety With Kids At Home

With children at home for extended periods of time, August is a good month to reassess the safety of the home to prevent accidents.

- Periodically survey the home to evaluate for injury and poison hazards;
- Keep medications, cleaning and laundry products (ex. laundry pods), paints, varnishes, antifreeze, pesticides, and other harmful products in their original containers, out of sight and out of reach;
- Purchase the least toxic products available and avoid storing large amounts of toxic products;
- Use safety latches or locks on drawers and cabinets where you keep dangerous items;
- Maintain smoke and CO detectors in the home;
- Ensure all dangerous substances have a childproof cap and always replace the safety caps immediately after using those products;
- Never leave alcohol, cigarettes, electronic cigarettes, or nicotine refill cartridges within a child's reach;
- Secure and check key fobs, heart monitors, watches, greeting cards, musical children's books and toys which may contain button batteries and if ingested can cause severe internal injury;
- Keep high-powered magnets, such as Buckyballs, out of the home and office—if multiple magnets are swallowed, severe injury, such as intestinal perforation, can occur;
- Immediately drain and empty all bathtubs, buckets of water, and ice chests after use;
- Keep toilet seat covers down and latched;
- When near water, continuously supervise and remain within an arm's length of children who are four years old or younger—even if other parents or caregivers are present;
- Teach children to never go near or in water without adult permission;
- Ensure everyone in the home knows how to respond to water emergencies;
- Ensure bicycle, scooter, and skateboard helmets are appropriately sized, fitted, and **always** worn;
- Dress children in reflective or light-colored protective clothing, especially at night;
- Discuss and enforce road safety rules;
- Map out safe routes prior to leaving the home;
- And continuously monitor young children while on bicycle, scooter and skateboards rides.



CFHA Parking Lots

Our parking lots are very busy places. We ask that nobody ride bicycles, scooters, or skateboards in our parking lot, nor otherwise loiter there. CFHA staff come and go throughout the day and residents' safety is a paramount concern

Thank you for your understanding.

Nearby Outdoor Amenities

Siler, Brannen, and Clark Homes are each next to public spaces like Bushmaster Park, Thorpe Park, and Willow Bend Environmental Education Center. The Flagstaff Urban Trail System provides connections throughout Flagstaff, too! You can find loads of information at flagstaff.az.gov/1923 with a short list of amenities below:

Bushmaster Park, 3150 N Alta Vista, (928) 213-2300

→ Two lighted basketball courts



→ A sand volleyball court
→ Four horseshoe pits
→ Skate Track
→ A recently refinished roller skate rink (Picture from City Manager Report)

Thorpe Park, 191 N Thorpe Rd., (928) 213-2300

→ A sand volleyball court
→ A basketball court
→ Four lighted tennis courts
→ A disc golf course

Sawmill Park & Willow Bend Environmental Education Center, 703 E Sawmill Road, (928) 779-1745

→ Community Art Wall and Tile Mural
→ Educational displays during business hours
→ Hiking trails and possible tours
→ Butterfly garden

Be sure to check in about amenity availability during COVID-19 restrictions. You can learn more from the Facebook pages for [Flagstaff Parks & Rec.](#) and [Willow Bend](#) for online activities, too! When you're out, be sure to wear masks and maintain social distance.



Kids' STEAM Corner: Physics Crossword!

Q	T	E	L	U	C	E	L	O	M	S	S	R	K	Q	T	M	G
Z	N	H	D	E	F	C	A	O	K	S	B	B	R	X	B	Z	W
Q	P	I	L	D	E	P	Y	Q	W	I	J	Q	P	T	W	G	K
P	P	B	G	E	T	M	R	M	O	A	V	U	E	X	V	X	M
N	L	T	N	P	I	O	S	O	R	X	T	A	L	A	F	X	S
E	A	H	N	I	J	T	X	D	T	G	E	R	B	R	N	S	U
U	S	I	R	E	Q	A	P	T	N	O	N	K	E	O	K	L	E
T	M	F	E	C	M	C	P	T	O	U	N	I	R	X	P	L	L
R	A	Q	C	O	E	E	C	D	J	K	O	T	D	W	V	E	C
I	I	O	N	V	N	J	L	K	P	Q	C	P	K	N	U	H	U
N	H	K	E	A	E	T	Z	E	M	E	S	E	M	U	O	S	N
O	H	S	L	L	U	E	Z	E	L	G	T	P	G	O	H	B	M
U	B	O	A	E	T	Z	P	E	S	K	O	O	Q	A	C	B	A
D	D	L	V	N	R	V	W	F	Y	R	X	T	S	U	S	S	O
L	D	I	Y	T	O	O	H	Z	B	M	C	O	X	T	Q	E	V
P	I	D	J	B	N	S	N	X	V	F	I	S	K	A	T	I	I
B	K	O	G	J	A	D	I	U	Q	I	L	I	E	S	O	G	R
Y	V	I	O	N	I	C	U	F	S	C	F	D	I	U	Z	X	U

Can you find these words?

Atom
Electron
Element
Compounds
Liquid
Quark
Isotope
Neutron
Proton
Plasma
Valence
Neutrino
Bonding
Shells
Nucleus
Ionic
Solid
Covalent
Gas
Molecule

Recipes of the Month: Freezer Pops

Has it been warm out there or what? Let's do a cool easy, refreshing recipe for August!

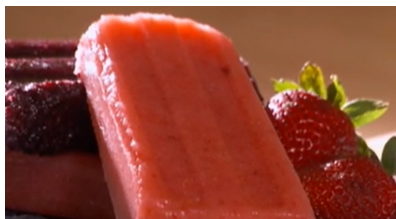
Ingredients

2 cups frozen berries, thawed
1/4 cup apple juice | 2 Tbsp honey
1/2 lemon, juiced | a pinch of salt

Directions

Combine ingredients in a blender, mixer, or by hand until roughly even. Having chunks of fruit can also be fun, but they will freeze harder than the rest. Pour into molds or ice trays. If using ice trays, stick with toothpicks. Freeze for at least five hours. Enjoy!

foodnetwork.com/recipes/fruit-ice-pops-recipe-2124327



Bonus Recipe: Easy Black Bean Soup

This easy recipe can feed two, can be made mild or spicy, and its ingredients are pantry staples!

Ingredients

1 can black beans | 1 cup salsa, your choice
1/2 cup water | 3/4 tsp cumin
1/4 tsp salt | Cayenne pepper to taste

Optional: 1 Tbsp sour cream or substitute

Garnishes: Avocado, cilantro, tortilla chips, etc.

Directions

Combine beans, salsa, water, spices, salt, and optional sour cream and blend with a hand mixer until smooth or chunky, heat on the stove, serve with garnishes of your choice! If you make extra, it is an easy freeze, too!

chocolatecoveredkatie.com/black-bean-soup-recipe



READY, SET, GO!

Expect emergency officials to use these keywords during fire and flood events:

- 1. Get Ready** - Take personal responsibility and prepare your family before the threat is obvious. Assemble emergency supplies, plan escape routes, and talk to your family.
- 2. Be Set** - Pack necessities (clothing, toiletries, medicines) and check your emergency items. Know how to receive the latest news from local news, the fire department, and safety officials.
- 3. Go!** - When needed, evacuate! Follow your personal action plan, adhere to local jurisdiction's evacuation processes.

[Learn more at ein.az.gov/ready-set-go.](http://ein.az.gov/ready-set-go)

Annual Water Quality Report

Curious about your drinking water? Flagstaff Water Resources provides an annual report about what is in, and what isn't in, your drinking water. You can find the full report at flagstaff.az.gov/1275/Water-Services and a snippet on sewer blockages below.



PLEASE HELP PREVENT SEWER BLOCKAGES



ONLY flush toilet paper!



No
Wipes, paper towels or napkins



No
Toxic chemicals



No
Feminine hygiene products



No
Pharmaceuticals



No
Kitty litter

"Flushable" wipes do NOT break down like toilet paper. Towels/rags, napkins, wipes & feminine hygiene products cause serious clogs, damage, and other problems at water reclamation plants. Blockages can cause sewer overflows and operational problems, increasing the risk of water service disruptions.

Please do what you can to help keep our water flowing during this health crisis!



Photo credit: Concord General Services, NH

PROTECT OUR WATER: KEEP WIPES OUT OF THE PIPES!



Food Resources

If you and your household are in need of food assistance, there are several resources to use:

Flagstaff Family Food Center Services:

Home Deliveries:

Call (928) 526-2211 to sign up for a delivery

Emergency Food Boxes

3805 E Huntington, Tues - Sat, 9:00 am - 1:00 pm
No contact distribution, can receive twice per month

To-Go Style Dinner

1903 N 2nd St, Daily 4:00 - 5:30 pm
Nutritious meal packed up to-go

Backdoor Lunch Program

1903 N 2nd St., Daily 10 am - 2 pm
Ring the doorbell for a sack lunch



Flagstaff Unified School District

Free Grab & Go Meals

Available Mon - Fri, 11:00 am - 12:30 pm
Visit fUSD.net/meals for locations

The Salvation Army Food Pantry

507 N. Humphreys St., 9:00 am - 12:00 pm and 1:00 pm - 5:00 pm, Mon - Thurs. Emergency food box, once per month. Application required along with ID.

The Emergency Food Assistance Program (with DES)

If you receive SNAP/Food Stamps, you are eligible for emergency food and assistance at no cost; other households can also apply. For sign up locations and more details, see des.az.gov/services/basic-needs/food-assistance/emergency-food-assistance.

Meals on Wheels/Area Agency on Aging - NACOG

If someone in your household is 60 years of age or older, call (877) 521-3500 to arrange for assistance.

The Pantry by Golden Rule at 2573 E 7th Ave

Personalized food boxes for pickup Wednesday - Sunday, 3:00 - 6:00 pm.

Are You Registered to Vote?



Check your voter registration at vote.org! You can also find information about registering, voting by mail, your polling place, and more!


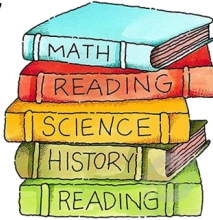


Your Story Could be Featured in Next Month's Newsletter!

If you have news of accomplishments, original artwork, poetry, community group news, recipes, or if you just want to see something specific on the next newsletter, we want to hear from you! Send Caleb your stories or suggestions and they may be featured in next month's newsletter!

Stop by the Siler Homes office, email caleb.alexander@flagstaffaz.gov, or call (928) 213-2738.

August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Trash Pickup</u> Clark Homes, Crestview, and Cedar <u>Yard Watering:</u> None	<u>Trash Pickup</u> All Sunnyside Scattered Sites <u>Recycling Pickup</u> Brannen and Verde <u>Watering:</u> Odd #s	<u>Trash Pickup</u> Siler, Brannen, Steves, Alta Vista, Lockett, and Verde <u>Watering:</u> Even #s	<u>Recycling Pickup</u> Clark Homes, Cedar, and Crestview <u>Watering:</u> Odd #s	<u>Recycling Pickup</u> Siler, Lockett, Alta Vista, Steves, and all Sunnyside Scattered Sites <u>Watering:</u> Even #s
August 3 <u>Public Housing Rent Due</u> <u>Clark Homes Rent Due</u>	4 <u>Bulky Trash Pickup Starts Monday:</u> East Scattered Sites, Siler, & Greenlaw	5 	6 <u>Clark Homes Rent Late Fees Applied</u>	7 
10 <u>Public Housing Rent Late Fees Applied at 8am</u>	11	12 	13	14 <u>Last day to turn in Public Housing Recert. Packets for November by 8am</u>
17 <u>Bulky Trash Pickup:</u> Brannen & Verde FUSD First Day of School	18	19	20	21
24 <u>Last day to pay rent to avoid court action</u>	25 <u>Last day, by 8am, to report changes for September rent decrease</u>	26	27 	28
31 <u>Bulky Trash Pickup:</u> Clark Homes, Crestview, & Cedar	September 1	September 2	September 3	September 4 <u>9/7 Offices Closed For Labor Day</u>

September's Rent Dates

Public Housing - Late fees applied: On 8:00 am on Monday, September 9th

Public Housing - Last day to pay rent to avoid court action: By 8:00 am on Monday, September 23rd